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16 **ABSTRACT**

17 *Prunus* genus fruit seeds are sources of highly angiotensin-I-converting enzyme  
18 (ACE)-inhibitory peptides. The presence of peptides IYSPH, IYTPH, IFSPR, and VAIP  
19 seems to be related to this activity but no previous work has demonstrated the direct  
20 relationship between the concentration of these peptides and the antihypertensive  
21 activity of hydrolysates. This work describes the development of a method for the  
22 quantification of these peptides in *Prunus* seeds hydrolysates based on capillary liquid  
23 chromatography-IT-MS/MS. The analytical characteristics of the method were  
24 evaluated through the study of the linearity, LOD, LOQ, presence of matrix  
25 interferences, precision, and recovery. The developed methodology was applied to the  
26 determination of the four peptides in seed hydrolysates from different *Prunus* genus  
27 fruits: peaches (7 varieties), plums (2 varieties), nectarines (3 varieties), apricots (2  
28 varieties), cherry, and paraguayo. Peaches and plums seed hydrolysates yielded the  
29 highest concentrations of these peptides while paraguayo one showed the lowest  
30 concentrations. A high correlation between peptides concentrations was demonstrated  
31 suggesting that the four peptides could be released from the same seed proteins.

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34 **Keywords:** ACE inhibitory peptides; quantification; capillary-HPLC; ion trap mass  
35 spectrometry; *Prunus* seeds.

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## 39 1. INTRODUCTION

40 Bioactive peptides have usually between 2-20 amino acid residues exhibiting beneficial  
41 effects on body functions and being able to influence human health. Depending on their  
42 chemical structure, length, and amino acid composition, they could present different  
43 biological functions, such as antihypertensive, antioxidant, antimicrobial, etc [1].  
44 Activity of antihypertensive peptides is mainly related to the renin-angiotensin system  
45 which is the main mechanism involved in the regulation of blood pressure. Briefly, the  
46 enzyme renin cleaves the angiotensinogen peptide, secreted by the liver, to form the  
47 decapeptide angiotensin I. Then, the angiotensin-I-converting enzyme (ACE)  
48 hydrolyzes angiotensin I into the octapeptide angiotensin II, which is a potent  
49 vasoconstrictor. At the same time, ACE is also involved in the degradation of the  
50 vasodilator peptide bradykinin [2]. Both effects can be hindered by the presence of  
51 antihypertensive peptides, which act in the active center of ACE, resulting in a decrease  
52 of blood pressure [3].

53 Bioactive peptides are usually released during food processing or gastrointestinal  
54 digestion [4]. Additionally, there is a growing interest in developing green strategies for  
55 the exploitation of food byproducts to obtain bioactive substances which substitute  
56 those extraction strategies that employ more expensive food sources. These bioactive  
57 compounds can be used to develop new functional foods and nutraceuticals. Food  
58 byproducts are low cost raw materials, easy to obtain and, in many cases, constitute an  
59 important problem for food producing companies since their incorrect disposal can  
60 result in a negative environmental impact [5]. This problem is even more worrying in  
61 the case of fruit residues due to their high fermentability.

62 Fruit industry byproducts represent a huge part of the total residues generated by the  
63 food industry [6]. Within these residues, stones and, especially, the seeds inside them,

64 are rich sources of proteins. Indeed, fruits from *Prunus* genus (plum, peach, nectarine,  
65 cherry, apricot, etc.) are characterized by having seeds with up to 40% of proteins [7, 8],  
66 which are discarded [9] or underused [10]. In recent years, different methodologies have  
67 been developed for the extraction of these proteins and to obtain bioactive peptides [7,  
68 8, 11-14]. As example, it has been demonstrated that peach seed hydrolysate [15] can  
69 release four peptides (IYSPH, IYTPH, IFSPR, and VAIP) exerting high ACE inhibition  
70 capacity. Additionally, these peptides have also been observed in other *Prunus* fruits  
71 such as plum [11] and cherry [13]. Antihypertensive capacity of these seed hydrolysates  
72 depends on the amount and distribution of these peptides within the seed and will  
73 obviously vary among cultivars. Nevertheless, no previous work has determined the  
74 distribution of these antihypertensive peptides in these fruit seeds and there is no  
75 information on which variety is worthier to obtain these peptides. Moreover, in order to  
76 evaluate the safety and the minimum consumption dose to produce a real effect, the  
77 quantification of these peptides is mandatory.

78 Antihypertensive peptides are composed of 2-5 amino acid residues and are obtained by  
79 hydrolysis with low specificity enzymes. This result in highly complex food matrices  
80 and a high dynamic concentration range. Thus, the quantification of antihypertensive  
81 peptides requires high resolving and high sensitivity separation techniques. The  
82 preferred separation technique for the determination of bioactive peptides is high  
83 performance liquid chromatography (HPLC) and, only in few cases, capillary liquid  
84 chromatography has also been employed [16, 17]. Despite there are some works  
85 employing UV or fluorescence detection [16, 18-20], MS detection is usually the best  
86 choice. Although some works employ MS detection [21-23], the use of MS/MS [17, 24-  
87 37] or MS<sup>3</sup> [38, 39] detection is preferred in order to improve the method sensitivity and  
88 selectivity.

89 The aim of this work was to develop an analytical methodology for the simultaneous  
90 quantification of four ACE-inhibitory peptides (IYSPH, IYTPH, IFSPR, and VAIP) in  
91 different *Prunus* genus fruit seeds. For this purpose, a method based on capillary liquid  
92 chromatography hyphenated to an ion trap mass spectrometer will be developed. Both  
93 separation and MS parameters will be optimized and analytical characteristics of the  
94 method will be evaluated. Finally, the developed methodology will be applied to the  
95 determination of these antihypertensive peptides in seed hydrolysates from different  
96 *Prunus* fruits seeds and the relationship of these peptides concentrations with the ACE-  
97 inhibitory capacity of seed hydrolysates will be evaluated.

98

99

## 100 **2. EXPERIMENTAL SECTION**

### 101 **2.1. Chemicals, standards, and samples.**

102 All chemicals and reagents were of analytical grade. Water was daily obtained from a  
103 Milli-Q system (Millipore, Bedford, MA, USA). Acetone, methanol (MeOH), and  
104 hexane were acquired from Scharlau Chemie (Barcelona, Spain).  
105 Tris(hydroxymethyl)aminomethane (Tris), sodium dihydrogen phosphate, hydrochloric  
106 acid (HCl), and sodium dodecyl sulphate (SDS) were purchased from Merck  
107 (Darmstadt, Germany). Dithiothreitol (DTT), ACE from rabbit lung, hippuryl-histidyl-  
108 leucine (HHL), 2-[4-(2-hydroxyethyl)-1-piperazinyl]-ethanesulphonic acid (HEPES),  
109 sodium chloride, and Thermolysin were from Sigma-Aldrich (Saint Louis, MO, USA).  
110 Acetonitrile and acetic acid, both of LC-MS grade, were acquired from Fisher Scientific  
111 (Waltham, MA, USA).

112 Peptides standards (IYSPH, IYTPH, IFSPR, and VAIP) (purity > 95 %) were  
113 synthesized by GenScript Corp. (Piscataway, NJ, USA).

114 Peach and nectarine stones were provided by the Instituto Murciano de Investigación y  
115 Desarrollo Agrario (IMIDA, Murcia, Spain). Commercial peach, plum, nectarine,  
116 paraguay, cherry, and apricot were acquired in a market at Alcalá de Henares (Madrid,  
117 Spain).

### 118 **2.2. Protein extraction.**

119 Proteins from seeds of 16 *Prunus* genus fruits were extracted employing a method based  
120 on previous optimizations of our research group [7, 8]. Seeds were ground with a  
121 domestic miller and defatted with hexane. Defatted seed powder (30 mg) was mixed  
122 with 5 mL of extracting solution (100 mM Tris-HCl (pH 7.5) containing 0.5% (m/v)

123 SDS and 0.5% (m/v) DTT) and sonicated with a high intensity focused ultrasound probe  
124 (model VCX130, Sonics Vibra-Cell, Hartford, CT, USA) for 5 min at 30% amplitude to  
125 accelerate the extraction process. Samples were centrifuged (10 min, 4000 xg) and  
126 supernatants were mixed with cold acetone at a 1:2 ratio to precipitate proteins (1 h,  
127 -20 °C). Samples were centrifuged again (10 min, 4000 xg) and pellets were recovered  
128 and stored at -20 °C until use.

### 129 **2.3. Protein digestion and ultrafiltration.**

130 Seed proteins were digested with Thermolysin, following a method based on previous  
131 optimizations of our research group [7, 8]. Briefly, pellets were dissolved in 5 mM  
132 phosphate buffer (pH 8.0) at a final concentration of 5 mg/mL. Thermolysin was added  
133 to the sample at a ratio of 0.1 mg enzyme/mg protein and the mixture was incubated in a  
134 Thermomixer Compact (Eppendorf AG, Hamburg, Germany) at 50 °C during 4 h.  
135 Afterwards, temperature was raised to 100 °C for 10 min to inactivate the enzyme.  
136 Hydrolysates were centrifuged and supernatants collected and ultracentrifuged through  
137 3 kDa molecular weight cut-off (MWCO) filters (Amicon, Millipore) during 90 min at  
138 7000 xg. Collected hydrolysates were reconstituted to the initial volume and kept at  
139 -20 °C until use.

### 140 **2.4. *In vitro* ACE inhibitory capacity.**

141 *In vitro* antihypertensive capacity was evaluated through the measurement of the ability  
142 of peptides to inhibit ACE. The capacity was measured following the procedure  
143 described by González-García et al. [7] and results were expressed as the percentage of  
144 inhibition of ACE  $\pm$  standard deviation corresponding to two independent hydrolysates  
145 measured by duplicate.

146

147 **2.5. HPLC analysis.**

148 Peptides were separated on a modular capillary chromatographic system (Agilent  
149 Technologies, Pittsburg, PA) equipped with a micro vacuum degasser (model 1100), a  
150 capillary LC pump (model 1100), a thermostated autosampler (model 1100), a  
151 thermostated column compartment (model 1200), and a multiple wavelength UV  
152 detector (model 1200). This system was connected to a mass spectrometry detector.  
153 Peptides separation was carried out in a C18 Zorbax 300 SB (150 mm x 0.5 mm, 5  $\mu$ m  
154 particle size) column from Agilent Technologies. The following optimized  
155 chromatographic conditions were used: mobile phase A, Milli-Q water containing 0.3%  
156 (v/v) acetic acid; mobile phase B, ACN containing 0.3% (v/v) acetic acid; binary  
157 gradient, 5–26% B in 20 min, 26–95% B in 2 min, 95% B for 3 min, 95–5% B in 2 min;  
158 and 5% B for 15 min; flow rate, 20  $\mu$ L/min; temperature, 25  $^{\circ}$ C; injection volume, 1  $\mu$ L;  
159 and UV detection at 210, 254, and 280 nm. Standards and samples were maintained at 4  
160  $^{\circ}$ C in the thermostated autosampler until their injection.

161 **2.6. MS/MS analysis.**

162 An ion trap (IT) mass spectrometer model Amazon SL (Bruker Daltonics, Bremen,  
163 Germany) with electrospray ionization (ESI) was used. HyStar software (version 3.2,  
164 Bruker) was employed to control both HPLC and MS instruments. The mass  
165 spectrometer was operated in the positive ion mode, in the UltraScan mode, and with a  
166 mass scan range ranging from 70 to 750 m/z. Detection conditions were modified  
167 during the run in order to detect every peptide (IYSPH, IYTPH, IFSPR, and VAIP)  
168 under their optimal MS/MS conditions. Therefore, every run was divided into four  
169 sections to monitor every peptide: 0–12.5 min (IYSPH), 12.5–15 min (IYTPH), 15–17.5  
170 min (IFSPR), and 17.5–27 min (VAIP). Optimized IT conditions were: capillary

171 voltage, 5000 V (for IYSPH) and 5500 V (for rest of peptides); end plate voltage, -500  
172 V; nebulizer pressure, 8 psi; dry gas flow, 3 L/min; dry gas temperature, 150 °C; ion  
173 charge control (ICC) target, 50,000; and collision energy, 0.7 amplitude. Extracted ion  
174 chromatogram (EIC) was obtained by the addition of the signals corresponding to the  
175 selected transitions of every peptide: IYSPH (308.5\* → (503.0 + 340.0 + 321.9 +  
176 299.4\* + 276.9 + 248.8 + 155.8)), IYTPH (315.5\* → (517.0 + 353.9 + 306.4\* + 276.8  
177 + 248.8 + 155.7)), IFSPR (310.0\* → (506.0 + 359.0 + 341.0 + 300.9\* + 260.8 +  
178 232.8)), and VAIP (399.0 → (283.9 + 238.8 + 228.8 + 170.8)), where m/z marked with  
179 \* present z = +2. The extraction window for all of them was ± 0.5.

## 180 **2.7. Method validation.**

181 Both standard additions and external standard calibration curves were established. The  
182 external calibration curve was obtained in the range from 0.1 to 10 µM. All calibration  
183 solutions were obtained by dilution of a stock solution containing the four peptides  
184 standards.

185 The limits of detection (LODs) and the limits of quantification (LOQs) for all peptides  
186 were obtained as the minimum concentration providing a signal to noise ratio (S/N)  
187 equal to 3 and 10, respectively. The method precision was evaluated through the  
188 calculation of the instrumental repeatability and inter-day and inter-sample  
189 reproducibility. For that purpose, the relative standard deviation (% RSD) was  
190 employed. Repeatability was evaluated by injecting, ten consecutive times, solutions  
191 containing standard peptides at two different concentration levels (0.1 and 5.0 µM) and  
192 by injecting, ten consecutive times, a peach hydrolysate (Calanda San Miguel (CSM)).  
193 Inter-day reproducibility was obtained by injecting, five consecutive times, the same  
194 CSM hydrolysate in two consecutive days. Inter-sample reproducibility was determined

195 by the injection of five independent CSM hydrolysates by triplicate. On the other hand,  
196 peptides recovery was evaluated by spiking the CSM hydrolysate with known amounts  
197 of peptide standards (0.4, 0.8, and 1.2  $\mu\text{M}$ ) just before the ultrafiltration process.

198 The evaluation of the presence of matrix interferences was made by comparing the  
199 slopes obtained by the external standard calibration method with the slopes obtained by  
200 the standard additions calibration method. The standard additions curve was obtained by  
201 the addition of known and increasing concentrations of peptide standards to a sample  
202 hydrolysate. Three independent peptide hydrolysates (Zaragoza Rojo peach,  
203 commercial nectarine, and commercial plum) were used in this study. Every calibration  
204 point was injected three times and its EIC was extracted, averaged, and plotted against  
205 the peptide concentration.

## 206 **2.8. Statistical analysis.**

207 All statistical analysis was carried out using Statgraphics Software Plus 5.1 (Statpoint  
208 Technologies, Inc., Warrenton, VA, USA).

209

### 210 3. RESULTS AND DISCUSSION

211 Previous works carried out by our research team reported the release of antihypertensive  
212 peptides from peach [15], plum [11], and cherry [13] seeds proteins when they were  
213 hydrolysed with Thermolysin enzyme. Among them, IYSPH, IYTPH, and IFSPR  
214 peptides were identified. In a more recent work, a further fractionation of  
215 antihypertensive peptides enabled to identify an additional antihypertensive peptide  
216 (VAIP) in the peach seed [15]. In that work,  $IC_{50}$  values were determined for every  
217 peptide (IYSPH ( $IC_{50} = 38 \pm 5 \mu M$ ), IYTPH (estimated  $IC_{50} = 794 \pm 25 \mu M$ ), IFSPR  
218 ( $IC_{50} = 50 \pm 4 \mu M$ ), and VAIP ( $IC_{50} = 358 \pm 55 \mu M$ )). These  $IC_{50}$  values are in the range  
219 of those corresponding to peptides with demonstrated *in-vivo* antihypertensive activity  
220 [40].

#### 221 3.1. Method development.

222 Separation and detection of peptides by capillary liquid chromatography-IT-MS was  
223 firstly carried out with a four-standard peptide mixture (containing every peptide  
224 standard at a concentration of  $1 \mu M$ ) using preliminary MS conditions based on a  
225 previous work of our research group that was aimed to the determination of a single  
226 peptide (VLIVP) in soybean [17]. These initial MS conditions were: capillary voltage,  
227 5000 V; end plate voltage, -600 V; nebulizer pressure, 7 psi; dry gas flow, 2 L/min; dry  
228 gas temperature,  $150 \text{ }^{\circ}C$ ; ICC target, 100,000; and collision energy, 0.5 amplitude.  
229 These conditions enabled to obtain the MS and MS/MS spectra of the four peptides  
230 (**Figure 1**). IYSPH, IYTPH, and IFSPR presented the double charged ion ( $[M+2H]^{2+}$ )  
231 as main signal (308.5 m/z, 315.5 m/z, and 310.0 m/z, respectively), while the single  
232 charged ion ( $[M+H]^+$ ) of these peptides showed lower intensity (616.1 m/z, 630.0 m/z,  
233 and 619.1 m/z, respectively). In the case of the peptide VAIP, just the single charged

234 ion with  $m/z$  of 399.0 was exhibited. Therefore, the double charged ions were  
235 monitored for peptides IYSPH, IYTPH, and IFSPR and the single charged ion was  
236 detected in the case of peptide VAIP. Regarding MS/MS spectra, they mostly showed  $b$   
237 or  $y$  ions and their neutral loss of a CO group. Additionally, ions corresponding to the  
238 loss of a water molecule ( $[M+2H-H_2O]^{2+}$ ) and an  $a$  ion ( $b$  ion with a neutral loss of CO)  
239 with loss of  $NH_3$  were also observed in some MS/MS spectra. Finally, the selected  
240 transitions for the detection of peptides were: IYSPH (308.5  $\rightarrow$  (503.0 + 340.0 + 321.9  
241 + 299.4 + 276.9 + 248.8 + 155.8), IYTPH (315.5  $\rightarrow$  (517.0 + 353.9 + 306.4 + 276.8 +  
242 248.8 + 155.7), IFSPR (310.0  $\rightarrow$  (506.0 + 359.0 + 341.0 + 300.9 + 260.8 + 232.8), and  
243 VAIP (399.0  $\rightarrow$  (283.9 + 238.8 + 228.8 + 170.8)).

244 Subsequently, the optimization of the elution gradient and the separation temperature  
245 was carried out. Acetic acid was chosen as ion-pairing reagent since it usually enables a  
246 compromise between separation resolution and sensitivity in comparison to other  
247 ion-pairing reagents that result in strong signal suppression [41]. Therefore, Milli-Q  
248 water containing 0.3% (v/v) acetic acid and ACN containing 0.3% (v/v) acetic acid  
249 were chosen as mobile phases A and B, respectively. An initial gradient from 5 to 95%  
250 B in 30 min did not enable the separation of the four peptides that eluted in the first half  
251 of the gradient. The gradient optimization demonstrated that a shorter gradient, 5-26%  
252 B in 20 min, was suitable for the separation of peptides. In order to reduce the  
253 separation time, different temperatures were tried (25°C, 30°C, 35°C, 40°C, and 45°C).  
254 Nevertheless, no significant improvement in the separation time was observed, so 25°C  
255 was kept. Finally, the optimized chromatographic conditions were: mobile phase A,  
256 Milli-Q water containing 0.3% (v/v) acetic acid; mobile phase B, ACN containing 0.3%  
257 (v/v) acetic acid; binary gradient, 5–26% B in 20 min, 26–95% B in 2 min, 95% B for 3  
258 min, 95–5% B in 2 min; and 5% B for 15 min; flow rate, 20  $\mu$ L/min; temperature, 25 °C;

259 and injection volume, 1  $\mu$ L. These conditions enabled the complete and rapid separation  
260 of peptides from the four-standard peptide mixture.

261 In order to prove that the developed method also enabled the detection of the four  
262 peptides in real samples, a randomly chosen Prunus seed was employed (Calanda San  
263 Miguel variety). The hydrolysate corresponding to the CSM seeds (5 mg/mL) was  
264 analysed using the chromatographic and detection conditions described above.  
265 Hydrolysate was ultrafiltered through 3 kDa MWCO filters to decrease the sample  
266 complexity. **Figure 2** shows the total ion chromatogram (TIC) using MS detection (A),  
267 the extracted ion chromatogram (EIC) using MS/MS signals at 308.5, 315.5, 310.0, and  
268 399.0 m/z (characteristics for every peptide) (B), and the chromatogram obtained using  
269 MS/MS detection and the transitions selected in the previous section (C). Since the  
270 chromatogram obtained by MS/MS detection with the CSM hydrolysate revealed the  
271 occurrence of all the above-mentioned transitions, the presence of the four peptides in  
272 the sample was confirmed.

273 On the other hand, in order to find out whether the developed method suffered from  
274 signal suppression, the signals corresponding to a mixture of peptides standards were  
275 compared with those obtained when the CSM hydrolysate was spiked with the same  
276 concentration of peptides standards. Results showed a reduction in the peptides signals  
277 and, thus, the existence of matrix interferences. In order to avoid this signal suppression,  
278 CSM hydrolysate was diluted before its injection at different levels (2, 10, 20, 50, 100,  
279 and 200 times). Increasing the level of dilution resulted in an increase in the peak areas  
280 of peptides in the EIC up to 100 times dilution. Consequently, samples were diluted 100  
281 times before their injection in the capillary liquid chromatography-IT-MS system in  
282 order to avoid matrix interferences.

283 The last step in the method development was the optimization of the detection  
284 conditions for every peptide to increase the sensitivity of the method. For that purpose,  
285 the run was divided into four sections (see **Figure 2**), observing the elution of every  
286 peptide in a different section: 0–12.5 min (IYSPH), 12.5–15.0 min (IYTPH), 15.0–17.5  
287 min (IFSPR), and 17.5–27 min (VAIP). Different parameters related to the ESI  
288 (capillary voltage, end plate voltage, nebulizer pressure, dry gas flow, and dry gas  
289 temperature) and to the IT performance (ion charge control (ICC) target and collision  
290 energy) were optimized in every section. Results are shown in **Figure S1** in  
291 **Supplementary Material** related to the initial conditions (marked with \*) and  
292 expressed as relative peak area for every peptide. Those values yielding the highest  
293 sensitivity and, thus, chosen as optimal, were capillary voltage of 5000 V for the IYSPH  
294 peptide and 5500 V for the IYTPH, IFSPR, and VAIP peptides, end plate voltage of -  
295 500 V, nebulizer pressure of 8 psi, dry gas flow of 3 L/min, dry gas temperature of  
296 150 °C, ICC target of 50,000, and collision energy of 0.7 amplitude. Optimization of  
297 these parameters enabled significant increases in peak areas for all peptides,  
298 highlighting the case of peptide IYSPH with an increase of 75%.

### 299 **3.2. Method validation.**

300 Different analytical characteristics were evaluated in the developed method: dynamic  
301 concentration range, working concentration range, LOD and LOQ, precision, and  
302 recovery. Moreover, although a first investigation with the CSM hydrolysate was  
303 previously performed to test the presence of signal suppression due to the sample  
304 matrix, a further study was performed now to evaluate the presence of matrix  
305 interferences. Results obtained for each peptide are grouped in **Table 1**. All peptides  
306 presented a wide dynamic concentration range (1 nM-100 µM). Working concentration  
307 range was set from 0.1 to 10 µM observing a high linear correlation in all cases ( $R^2 >$

0.999). LODs and LOQs ranged from 2 to 17 and from 7 to 54 ng/g of dried and defatted seeds, respectively, for all peptides. On the other hand, precision of the method was evaluated by the determination of the repeatability, inter-day reproducibility, and inter-sample reproducibility. Repeatability using peptides standards or the real sample was considered very acceptable (RSD < 3%). Moreover, inter-day reproducibility presented RSD < 3% and inter-sample reproducibility showed RSD < 4%. Furthermore, recoveries close to 100% were obtained when a plum seed hydrolysate was spiked with increasing and known concentrations of the standards peptides mixture. Finally, the presence of matrix interferences was evaluated for three different seed protein hydrolysates, corresponding to a peach seed, a nectarine seed, and a plum seed. Statistical analysis revealed no significant differences between slopes ( $p$  value > 0.05), demonstrating that the developed methodology did not suffer from matrix interferences.

### 3.3. Quantification of peptides in different fruit seeds hydrolysates from *Prunus* genus.

The optimized method was applied to the quantification of the four antihypertensive peptides (IYSPH, IYTPH, IFSPR, and VAIP) in seeds hydrolysates obtained from 16 different *Prunus* genus fruits and varieties (eight samples were provided by a germplasm bank and the other eight were from local markets). Peptides concentrations, expressed as ng/g of defatted seeds, are grouped in **Table 2**. Peach and plum seed hydrolysates presented the highest peptides concentrations, highlighting the CSM variety, while paraguayo showed the lowest contents. Moreover, in general, peptides IYSPH and IYTPH were more abundant than peptides IFSPR and VAIP. In the case of peptide IYTPH, this fact can be explained considering that it is released from two different proteins identified in a previous work [42]. Moreover, it was observed a high correlation among peptide concentrations. In fact, **Figure 3** shows that Pearson product-

333 moment correlation coefficients were close to 1, being the better correlation that  
334 established between the IYSPH concentration and the IYTPH concentration. This high  
335 correlation enables to think that all peptides could have been released from the same  
336 proteins. Moreover, this high correlation would also enable to determine the content of  
337 the four peptides just knowing the concentration of one of them.

#### 338 **3.4. ACE-inhibitory capacity.**

339 The capacity to inhibit ACE was evaluated through the determination of the percentage  
340 of inhibition of this enzyme (see **Table 2**). As expected, those varieties with the highest  
341 concentrations of the four antihypertensive peptides presented also the highest  
342 inhibition capacities. In fact, the CSM peach, the commercial peach, and the  
343 commercial plums, that presented the highest peptide contents, yielded almost a total or  
344 a very high inhibition of ACE. In the other extreme, paraguayo, which had the lowest  
345 peptides concentrations, barely reached the 50% of ACE inhibition. Some exceptions  
346 were Zaragozano Rojo, Zaragozano Amarillo, and Lovell that, despite not having very  
347 high peptides concentrations, presented an inhibition as high as the CSM variety. An  
348 intermediate situation was observed for the nectarine, cherry, and apricot seed  
349 hydrolysates that presented moderate-high percentages of ACE inhibition, although  
350 their concentrations were not much high. This fact could be due to the possible presence  
351 of other antihypertensive peptides in addition to the four monitored. These results would  
352 suggest a certain correlation between the four peptides concentrations and the ACE  
353 inhibition capacity of seeds hydrolysates that could be very interesting for the prediction  
354 of ACE inhibition.

355

356

#### 357 4. CONCLUSIONS

358 A new analytical methodology using capillary liquid chromatography-IT-MS/MS has  
359 enabled the simultaneous determination of four ACE-inhibitory peptides (IYSPH,  
360 IYTPH, IFSPR, and VAIP) in *Prunus* fruits seeds hydrolysates. Significant reduction of  
361 signal suppression effects was observed by dilution of hydrolysates up to 100 times.  
362 Signals intensity was significantly affected by the capillary voltage, the dry gas  
363 temperature, and the collision energy. The optimization of these parameters enabled to  
364 increase the sensitivity up to a 75% (in the case of peptide IYSPH). Optimal parameters  
365 permitted quantify as low as 53.4, 32.1, 12.7, and 6.97 ng peptide (IYSPH, IYTPH,  
366 IFSPR, and VAIP, respectively)/g of defatted seeds, which were far lower than the  
367 concentrations presented by the samples. The developed methodology demonstrated to  
368 be sensitive, selective, precise, accurate, and free of matrix interferences. The method  
369 was successfully employed to quantify the four ACE-inhibitory peptides in seeds  
370 hydrolysates from 16 varieties of *Prunus* genus fruits. Highest concentrations of  
371 peptides were observed in peach and plum seeds hydrolysates observing the existence  
372 of a clear correlation among the concentrations of the four peptides. Moreover, ACE-  
373 inhibition capacity of seeds hydrolysates was somehow correlated with the  
374 concentration of the four peptides observing, in general, a highest ACE inhibition  
375 capacity in those seeds hydrolysates yielded the highest peptides concentrations.

376

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384

385

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522 **Table 1.** Analytical characteristics of the developed methodology.

Characterization parameter		IYSPH	IYTPH	IFSPR	VAIP	
<b>Extraction window</b>		± 0.5 Da	± 0.5 Da	± 0.5 Da	± 0.5 Da	
<b>Dynamic concentration range</b>		1 nM – 100 µM	1 nM – 100 µM	0.5 nM – 50 µM	0.1 nM – 50 µM	
<b>Working concentration range</b>		0.1 – 10 µM	0.1 – 10 µM	0.1 – 10 µM	0.1 – 10 µM	
<b>External calibration</b>	Slope	$3.77 \cdot 10^7$	$3.96 \cdot 10^7$	$7.24 \cdot 10^7$	$1.45 \cdot 10^8$	
	Linearity (R <sup>2</sup> )	0.9994	0.9996	0.9991	0.9998	
<b>Standard additions calibration</b>	Slope	ZR peach	$3.76 \cdot 10^7$	$4.02 \cdot 10^7$	$7.32 \cdot 10^7$	$1.44 \cdot 10^8$
		Commercial nectarine	$3.85 \cdot 10^7$	$4.07 \cdot 10^7$	$7.29 \cdot 10^7$	$1.50 \cdot 10^8$
		Commercial plum A	$3.79 \cdot 10^7$	$4.03 \cdot 10^7$	$7.27 \cdot 10^7$	$1.47 \cdot 10^8$
	Linearity (R <sup>2</sup> )	ZR peach	0.9960	0.9986	0.9984	0.9991
		Commercial nectarine	0.9987	0.9989	0.9986	0.9988
		Commercial plum A	0.9992	0.9988	0.9989	0.9990
<b>LOD (ng/g defatted seeds)<sup>a</sup></b>		16.3	9.76	3.71	1.99	
<b>LOQ (ng/g defatted seeds)<sup>b</sup></b>		53.9	32.1	12.7	6.97	
<b>Repeatability (% RSD) (n=10)<sup>c</sup></b>	At 0.1 µM	2.5	2.9	2.8	2.7	
	At 5.0 µM	0.4	0.2	0.8	0.8	
	CSM peach	2.2	2.5	0.4	2.3	
<b>Inter-day reproducibility (% RSD) (n=10)<sup>d</sup></b>	CSM peach	2.6	2.1	1.6	2.9	
<b>Inter-sample reproducibility (% RSD) (n=15)<sup>e</sup></b>	CSM peach	3.8	3.6	3.1	3.4	
<b>Recovery</b>	0.4 µM <sup>f</sup>	98.3	99.3	99.1	99.8	
	0.8 µM	100.5	100.7	100.2	100.8	
	1.2 µM	98.8	98.9	97.7	97.8	

523 CSM: Calanda San Miguel; ZR: Zaragoza Rojo.

524 <sup>a</sup> Calculated as the minimum concentration yielding an S/N equal to 3. Determined relative to 1 g of defatted seeds.

525 <sup>b</sup> Calculated as the minimum concentration yielding an S/N equal to 10. Determined relative to 1 g of defatted seeds.

526 <sup>c</sup> Evaluated using peptides standards at two concentration levels and using a real sample by ten consecutive injections.

527 <sup>d</sup> Expressed as RSD (%) value obtained by injecting the peach seed hydrolysate five consecutive times in two consecutive days.

528 <sup>e</sup> Expressed as RSD (%) value obtained by injecting five independent peach seed hydrolysates in triplicate.

529 <sup>f</sup> Concentration of peptides standards added to the seed hydrolysate obtained from the commercial plum A.

530 **Table 2.** Concentration of peptides IYSPH, IYTPH, IFSPR, and VAIP in the different varieties of *Prunus* genus fruit seeds<sup>a</sup> and percentage of  
 531 inhibition of the angiotensin-I-converting enzyme.<sup>b</sup>

Fruit	Variety	µg IYSPH/g seed	µg IYTPH/g seed	µg IFSPR/g seed	µg VAIP/g seed	ACE inhibition (%)
<b>Peach</b>	Calanda San Miguel	4401 ± 94	5383 ± 85	1401 ± 11	510 ± 20	90.3 ± 0.2
	Lovell	963 ± 15	1222 ± 10	280 ± 5	76 ± 3	89 ± 1
	Zaragozano Rojo	1414 ± 35	1793 ± 36	483 ± 5	140 ± 4	89.8 ± 0.8
	Zaragozano Amarillo	1297 ± 14	1757 ± 49	441 ± 5	110 ± 1	90.3 ± 0.4
	Borracho de Jarque	2040 ± 81	2773.7 ± 0.4	743 ± 6	185 ± 5	87.9 ± 0.9
	Campiel	625 ± 11	831 ± 8	224 ± 1	62.6 ± 0.3	82.0 ± 0.1
	Commercial	3100 ± 100	3620 ± 37	1608 ± 13	244 ± 2	89.2 ± 0.1
<b>Nectarine</b>	Blanca	188 ± 3	366 ± 13	39.1 ± 0.2	25.3 ± 0.6	76.7 ± 0.2
	Amarilla	407 ± 4	748 ± 28	70 ± 4	50 ± 1	83.7 ± 0.5
	Commercial	298 ± 9	445 ± 3	93.9 ± 0.3	12 ± 1	85.9 ± 0.2
<b>Paraguayo peach</b>	Commercial	15.5 ± 0.3	24.9 ± 0.4	17.3 ± 0.2	6.8 ± 0.3	57 ± 1
<b>Plum</b>	Commercial A	2385 ± 24	2768 ± 28	967 ± 7	191 ± 4	85.7 ± 0.8
	Commercial B	2883 ± 64	3237 ± 83	1000 ± 8	215 ± 2	86.5 ± 0.7
<b>Cherry</b>	Commercial	253 ± 5	567 ± 9	132 ± 3	3.34 ± 0.04	86.1 ± 0.2
<b>Apricot</b>	Commercial A	607 ± 15	13.2 ± 0.4	357 ± 3	46 ± 1	86.7 ± 0.1
	Commercial B	319 ± 2	20.56 ± 0.01	112 ± 1	26.44 ± 0.05	81.2 ± 0.1

532 <sup>a</sup> Concentrations were calculated from two individually prepared protein hydrolysates injected by triplicate.

533 <sup>b</sup> Percentages were calculated from two individually prepared protein hydrolysates injected by duplicate.

534 **FIGURE CAPTIONS**

535 **Figure 1.** MS (left) and MS/MS (right) spectra of peptides IYSPH, IYTPH, IFSPR, and  
536 VAIP (standard solution, 1  $\mu$ M) injected into the capillary-HPLC-IT system under the  
537 following conditions: chromatographic conditions: mobile phase A, Milli-Q water  
538 containing 0.3% (v/v) acetic acid; mobile phase B, ACN containing 0.3% (v/v) acetic  
539 acid; binary gradient, 5–26% B in 20 min, 26–95% B in 2 min, 95% B for 3 min, 95–  
540 5% B in 2 min; and 5% B for 15 min; flow rate, 20  $\mu$ L/min; temperature, 25  $^{\circ}$ C; and  
541 injection volume, 1  $\mu$ L; MS conditions: capillary voltage, 5000 V (for IYSPH) and 5500  
542 V (for the rest of peptides); end plate voltage, -500 V; nebulizer pressure, 8 psi; dry gas  
543 flow, 3 L/min; dry gas temperature, 150  $^{\circ}$ C; ICC target, 50,000; and collision energy,  
544 0.7 amplitude.

545 **Figure 2. (A)** Total ion chromatogram (TIC) of Calanda San Miguel (CSM)  
546 hydrolysate, **(B)** extracted ion chromatogram (EIC) of the CSM hydrolysate using  
547 MS/MS signals at 308.5, 315.5, 310.0, and 399.0 m/z, and **(C)** chromatogram of the  
548 CSM hydrolysate obtained using MS/MS detection at characteristic transitions for  
549 peptides IYSPH, IYTPH, IFSPR, and VAIP.

550 **Figure 3.** Table showing the Pearson product-moment correlation coefficients between  
551 each pair of variables. Variables are the concentrations of IYSPH, IYTPH, IFSPR, and  
552 VAIP expressed as  $\mu$ g/g seed.

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